

INSIDE THIS ISSUE

- NEW GYM DEVELOPMENT APPROVED
- ILKLEY TROPHY HOSPITALITY LAUNCH
- 80S NIGHT: ONLY HALF OF TICKETS REMAINING
- NEW FITNESS CLASSES
- AND MORE!

A jam packed newsletter to end this January! Lots of exciting plans coming up in the next few months so make sure to get all the dates in your diary so you don't miss out.

PARKING REMINDER

Please refrain from parking in no parking zones. Doing so can make it difficult for others navigating the car park.

If the main car park is full, please follow the track down the far side of the field to the overflow parking. More spaces have been created behind the all weather tennis courts as highlighted on the map.

DO NOT attempt to park or drive through the field. Due to the current wet weather it is not fit for driving on!





A WORD FROM OUR PRESIDENT

We look forward to 2024 as being another exciting and successful year for our Club and eagerly await the Ilkley Trophy (15-22 June) together with the other Club Tournaments taking place throughout the summer. Let's hope the weather is as kind as in recent years. Having regard to the valuable role our volunteers play in enabling the success of the Trophy, if you are interested please email volunteers@iltsc.co.uk for more information. I can assure you that it is an enjoyable experience!

Elsewhere, the success of the Junior Performance Programme, progress in Team Tennis and a well supported Social Tennis programme, indicate optimism for the coming year.

May I offer my congratulations to Alice Brook, from a family that is no stranger to sporting success, who is to join Louisiana Tech University in the USA from this coming September. Also, congratulations to Andy Hutchinson who represented Great Britain in the Columbus Cup winning a Bronze Medal.

Our Squash teams continue to compete well in the Harrogate League and the Club is hoping to add a Third Team next Autumn. Special mention of Mike Gibbons who added a further Gold Medal to his considerable collection in his event in the World Transplant Games. His achievements in the Games over the years extend to a variety of different sports. Well done Mike!

Padel has proved extremely popular and Racket Ball well supported. Consequently, the racket side of the Club is well placed for a productive year.

The recently approved improvements to the gym will hopefully provide an enhanced income stream enabling further improvements to the Club in 2024. Having canvassed fitness members during the past months, it was apparent that recent increased membership had resulted in pressure on the availability of equipment in the gym and also upon class numbers within the studios. Hopefully, the forthcoming improvements will help to address these problems as we look forward to increased floor space and the introduction of new equipment. The Club will then continue to benefit from the income stream generated by our fitness facilities.

It never ceases to amaze me when talking to members and learning of their impressive sporting achievements. There must be many more that the membership would be delighted to hear about and share. From scaling Mont Blanc to completing the Marathon De Sables, continue to perform and compete to such high standards and, please, make us aware of your experiences!

Continue to enjoy the Club throughout the year. Hopefully, having received a friendly welcome upon arrival followed by a satisfying workout, you may wish to join us for a coffee in the Cafe Bar where our new Cafe Manager, Graham Perkin, and his team are getting excellent reviews as new generation "baristas".

Best wishes to all for a successful and enjoyable year ahead,

Regards,
Terry Burgoyne

JANUARY 2024

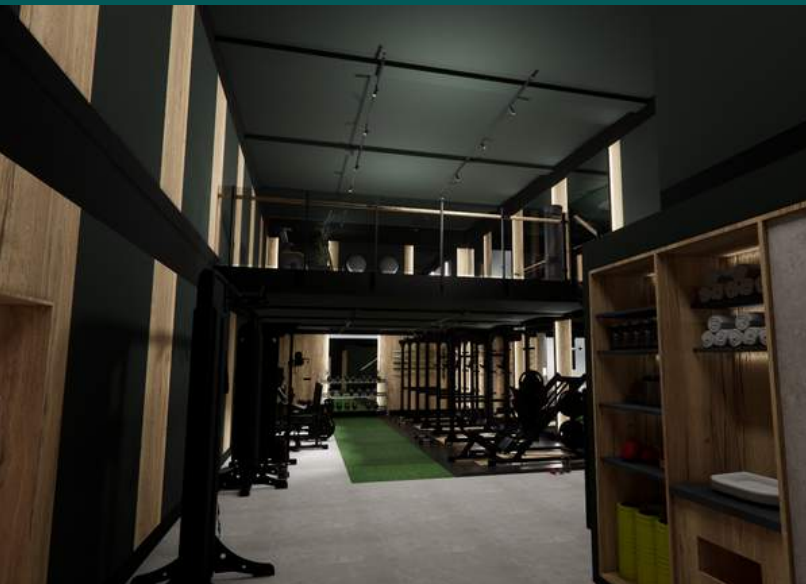
SGM RESULTS

NEW GYM DEVELOPMENT COMING SOON!

Following the SGM on Tuesday evening, the vote resulted in a resounding **majority in favour** of the new gym development!



We are really excited to see this development take shape and know it will enhance our fitness offering even further!



The plans are now already underway and the building work will begin in the coming weeks. We will ensure to keep all members up to date with progress.



ILKLEY
— **TROPHY** —

2024 HOSPITALITY

THE LEXUS ILKLEY TROPHY

15TH - 22ND JUNE

"The Wimbledon of the North"

**2024 HOSPITALITY BROCHURE
COMING SOON!**

**THE FIRST AND BEST WAY TO SECURE
YOUR TICKETS TO ONE OF
YORKSHIRE'S LARGEST
INTERNATIONAL SPORTING EVENTS.**

**TO REGISTER YOUR INTEREST PLEASE
EMAIL CHRIS@ILTSC.CO.UK AND YOU
WILL BE SENT THE BROCHURE
BEFORE IT IS OFFICIALLY PUBLISHED.**

**SATURDAY,
2ND MARCH**

RAISING MONEY FOR
AIREDALE NHS FOUNDATION

£5

**80'S
NIGHT**

DISCO

FANCY DRESS

**Almost half of tickets already sold!
Don't miss out, get yours at reception today**

JANUARY 2024

SERVE

SPECTACULAR

JUKEBOX LIVE

WITH DOM SKY

THURSDAY 1ST FEBRUARY,
7PM START

25% OFF DRINKS

MEMBERS & NON-MEMBERS WELCOME!



QUIZ NIGHTS RETURN

SUNDAY 25TH FEBRUARY
5PM START

GET YOUR TEAMS READY!



SAVE THE DATE

SATURDAY 6TH APRIL

JOIN US AND DANCE THE NIGHT AWAY
WITH OUR SECOND BARN DANCE!

This year raising money for
the charity MIND
Tickets and more details
available soon!



JANUARY 2024

FITNESS FOCUS

NEW FITNESS CLASSES

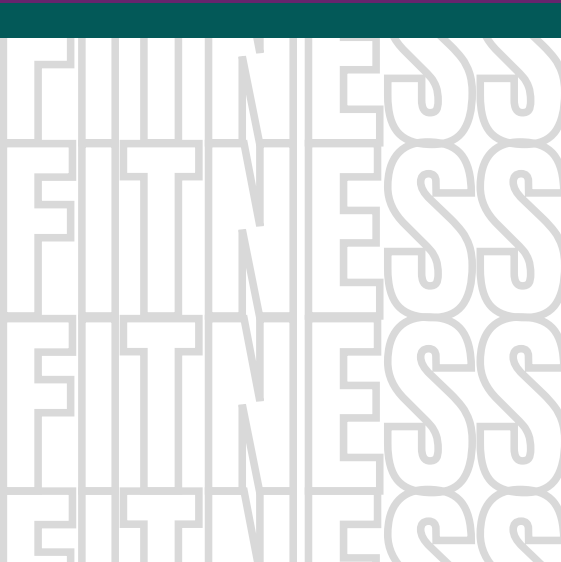
FRIDAYS 6:15PM: Align Yoga

A gentle way to reset your week- mobility and yin yoga combined to deeply enhance your practice. Stretching our deeper tissues using props and modifications with a soothing relaxation.



FRIDAYS Relax & Restore Yoga

7:15PM: Friday evening chill out session with meditation and relaxation techniques to fully unwind from your week. Bring a blanket and allow yourself to breathe and mind to settle into deep rest.



Brooks-Daw Ballet
All Together Now

Adult Ballet

*With former Principal Dancer
Antoinette Brooks-Daw*

*First
Class
Free!*

- *Saturdays @ The Ilkley Lawn
Tennis & Squash Club*
- *Classes start March 2nd*
- *Beginners - 11:45*
- *Improvers - 13:00*

Book your spot!

07817 228 445 anti_bd@hotmail.co.uk



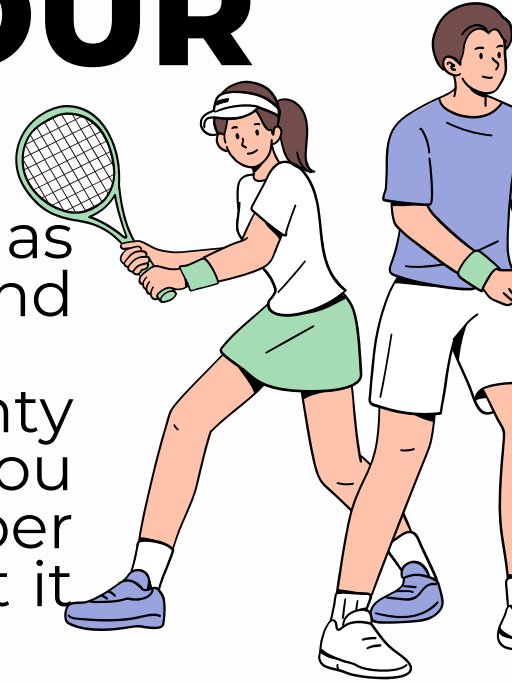
SCAN ME

JANUARY 2024

ILTSC PRO SHOP

CAN'T SEE YOUR SIZE?

Our new clothing range has brightened up the shop, and we've got more still to come! As well as clothes we've got plenty of tennis shoes still available. If you can't see your size, ask a member of staff and we'll see if we've got it in stock!



As well as our exclusive clothing range we also have a big selection of rackets and accessories in the club shop alongside a regular stringing service with Chris Harper.

Most rackets are available to **"try before you buy"** so if you're thinking of upgrading your racket in time for the summer then take a look at what we have on offer.

If you would like to arrange to demo a racket please see Chris - he's on site 12pm to 8pm on Mondays and 8am to 4pm on Wednesdays and Thursdays. If these times aren't convenient then contact Chris on 07796267505 or Restringinleeds@gmail.com and he'll be happy to help!

JANUARY 2024

TENNIS

SOCIAL TENNIS

CHANGES TO OUR SOCIAL TENNIS CALENDAR

Wednesday social tennis will now be running 20:00-21:30 instead of 20:00-22:00 for the rest of the Winter season at a price of £6. This will enable members to have a shower and/or a drink after the session. When we reach the summer season, this time will change to 18:30-20:30 and will be outside.

NEW SOCIAL SESSIONS

There will now be two new social sessions starting w/c February 12th!

Social Saturdays: 17:00-19:00

Social Sundays: 14:00-16:00

Each session will be £7.50 and include a drink in the bar!



We are looking for a 'Lead Volunteer' player or players for each session. Their role would be to loosely organise the matches within the session, welcome and encourage new players, and inform the bar of who has attended in relation to the free drinks. Whoever volunteers will be able to attend the session free of charge!

Anyone interested in taking on the role, please email tom@iltsc.co.uk

JANUARY 2024

TENNIS



ILTSC CLUB CHAMPIONSHIPS

Club Championships finals day: Sunday 23rd June

Once again our Championship finals will be played the day after the Ilkley Trophy finals! Matches will take place on Centre Court with all the stands still set up to create a grand finale! Celebrate in true style and join us at the ILTSC summer ball!

Entry forms will be available at reception from February 12th and entry deadline Monday April 8th



JANUARY 2024

PADDEL



A big well done to a number of our members who competed in a Padel competition over at Surge this weekend!

All fought hard against some tough competitors and came away with a number of great matches under their belts.

We look forward to seeing even more of our members competing over the next few months!



JANUARY 2024

SQUASH



Our Men's Squash team have got off to a great start this year with a win over Harlow 2s. We're confident we'll see some more strong results and wish them good luck for the rest of the season!

If you are new to the club and would like to give squash a go, contact tom@iltsc.co.uk to book an induction.

We have plenty of opportunities including coaching, social and competitive play!

